



The Holy See

POPE FRANCIS

ANGELUS

2nd Sunday of Lent, 16 March 2025

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Text prepared by the Holy Father

Dear brothers and sisters, happy Sunday!

Today, the second Sunday of Lent, the Gospel tells us about the Transfiguration of Jesus (*Lk* 9:28-36). Having climbed to the top of a mountain with Peter, James and John, Jesus immerses Himself in prayer and becomes radiant with light. In this way, He shows the disciples what is hidden behind the gestures He performs in their midst: the light of His infinite love.

I am sharing these thoughts with you while I am facing a period of trial, and I join with so many brothers and sisters who are sick: fragile, at this time, like me. Our bodies are weak but, even like this, nothing can prevent us from loving, praying, giving ourselves, being for each other, in faith, shining signs of hope. How much light shines, in this sense, in hospitals and places of care! How much loving care illuminates the rooms, the corridors, the clinics, the places where the humblest services are performed! That is why I would like to invite you, today, to join me in praising the Lord, who never abandons us and who, in times of sorrow, places people beside us who reflect a ray of His love.

I thank you all for your prayers, and I thank those who assist me with such dedication. I know that many children are praying for me; some of them came here today to “Gemelli” as a sign of closeness. Thank you, dearest children! The Pope loves you and is always waiting to meet you.

Let us continue to pray for peace, especially in the countries wounded by war: tormented Ukraine, Palestine, Israel, Lebanon, Myanmar, Sudan, and the Democratic Republic of the Congo.

And let us also pray for the Church, required to translate into concrete choices the discernment made in the recent Synodal Assembly. I thank the General Secretariat of the Synod, which over the coming three years will accompany the local Churches in this undertaking.

May the Virgin Mary keep you and help you to be, like Her, bearers of Christ's light and peace.