



The Holy See

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Catechesis on prayer - 1. *The mystery of prayer*

Dear Brothers and Sisters, Good morning!

Today we begin a new series of catecheses on the theme of *prayer*. Prayer is the breath of faith; it is its most proper expression. Like *a cry* that issues from the heart of those who believe and entrust themselves to God. Let us think about the story of Bartimaeus, a character in the Gospel (cf. Mk 10:46-52), and I confess that for me he is the most likeable of all. He was blind and sat begging for alms by the roadside on the periphery of his city, Jericho. He is not an anonymous character. He has a face and a name: Bartimaeus, that is, “son of Timaeus”. One day he heard that Jesus would be passing through there. In fact, Jericho was a crossroads of people, continually criss-crossed by pilgrims and tradesmen. Thus, Bartimaeus positioned himself: he would have done anything possible to meet Jesus. So many people did the same. Let us recall Zacchaeus who climbed up the tree. Many wanted to see Jesus; he did too. In this way the man enters the Gospels as a voice that loudly cries out. He cannot see. He does not know whether Jesus is near or far away but he hears him. He understands this from the crowd which, at a certain point, grows and comes closer.... But he is completely alone and no one is concerned about him. And what does Bartimaeus do? He cries out. And he cries out and continues to cry out. He uses the only weapon he possesses: his voice. He begins to shout: “Jesus, Son of David, have mercy on me!” (v. 47). And he continues to cry out in this manner. His repeated cries are a nuisance. They do not seem polite and many people scold him, telling him to be quiet: “But be polite; do not do this”. However, Bartimaeus does not keep silent but rather cries out even more loudly: “Jesus, Son of David, have mercy on me!” (v. 47): That beautiful stubbornness of those who seek a grace and knock and knock on the door of God’s heart. He cries out; he knocks. That expression: “Son of David”, is very important. It means “the Messiah” — he professes the Messiah. It is a profession of faith that emerges from the mouth of that man who was despised by all. And Jesus listens to his cry. Bartimaeus’ prayer touches his heart, God’s heart, and the doors of salvation open up for him. Jesus calls for him. He jumps to his feet and those who had first told him to be quiet, now lead him

to the Master. Jesus speaks to him. He asks him to express his desire — this is important — and then the cry becomes a request: “that I may see again, Lord!” (cf. v. 51).

Jesus says to him: “Go your way; *your faith has made you well*” (v. 52). He recognises in that poor, defenceless and despised man, all the power of his faith, which attracts the mercy and the power of God. Faith is having two hands raised up, a voice that cries out to implore the gift of salvation. The Catechism states that “humility is the foundation of prayer” (*Catechism of the Catholic Church*, 2559). Prayer is born of the earth, of the *humus* from which “humble”, “humility” derive. It comes from our precarious state, from our continuous thirst for God (cf. *ibid.*, 2560-2561). Faith, as we have seen with Bartimaeus, is a cry. Lack of faith is the suppression of that cry. That attitude that the people had, in making him keep quiet: they were not people of faith, whereas he was. To suppress that cry is a type of *omertà* (code of silence). Faith is a protest against a pitiful condition the cause of which we do not understand. Lack of faith is to limit ourselves to endure a situation to which we have become accustomed. Faith is the hope of being saved. Lack of faith is becoming accustomed to the evil that oppresses us and continuing in that way.

Dear brothers and sisters, we begin this series of catecheses with Bartimaeus’ cry because perhaps everything is already written in someone like him. Bartimaeus is a persevering man. He was surrounded by people who explained that imploring was useless, that it was clamouring without receiving a reply, that it was noise that was only bothersome, and thus please stop crying out. But he did not remain in silence. And in the end he obtained what he wanted.

Greater than any discussion to the contrary, there is a voice in mankind’s heart that invokes. We all have this voice within. A voice that comes forth spontaneously without anyone commanding it, a voice that asks itself about the meaning of our journey on earth, especially when we find ourselves in darkness: “Jesus, have mercy on me! Jesus have mercy on me!”. This is a beautiful prayer.

But are these words perhaps not chiselled in all of creation? Everything invokes and implores so that the mystery of mercy may be definitively fulfilled. Not only Christians pray; they share their cry of prayer with all men and women. But the horizon can be further widened: Paul states that all of creation “has been groaning in travail together until now” (Rom 8:22). Artists are often the interpreters of this silent cry of creation that is found in every creature and emerges above all in the heart of men and women, because they are “beggars before God” (ccc, 2559). It is a beautiful definition of mankind: “beggars before God”. Thank you.

At the end of his catechesis, the Holy Father launched an appeal in favour of farm workers:

On 1st May, I received several messages about the world of work and its problems. I was

particularly struck by that of the farm workers, among them many migrants, who work in the Italian countryside. Unfortunately, many are very harshly exploited. It is true that the current crisis affects everyone, but people's dignity must always be respected. That is why I add my voice to the appeal of these workers and of all exploited workers. May the crisis give us the opportunity to make the dignity of the person and the dignity of work the centre of our concern.

Special Greetings

I greet the English-speaking faithful joining us through the media. In this Easter season, I invoke upon you and your families the joy and strength that come from the Risen Christ. May God bless you!

I offer a special greeting to young people, the elderly, the sick and newlyweds. Trustingly place yourselves under the maternal protection of Mary and rest assured that she will not fail to comfort you in your time of trial. May the Lord Bless you and May Our Lady protect you.

Summary of the Holy Father's words:

Dear Brothers and Sisters: Today we begin a new series of catechesis on *prayer*. Prayer is the breath of faith, a cry arising from the hearts of those who trust in God. We see this in the story of Bartimaeus, the beggar from Jericho. Though blind, he is aware that Jesus is approaching, and perseveres in calling out: "Jesus, Son of David, have mercy on me!" (*Mk 10:47*). By using the phrase "Son of David", he makes a profession of faith in Jesus the Messiah. In response the Lord invites Bartimaeus to express his desire, which is to be able to see again. Christ then tells him: "Go; your faith has saved you" (v. 52). This indicates that faith is a cry for salvation attracting God's mercy and power. It is not only Christians who pray but all men and women who search for meaning on their earthly journey. As we continue on our pilgrimage of faith, may we, like Bartimaeus, always persevere in prayer, especially in our darkest moments, and ask the Lord with confidence: "Jesus have mercy on me. Jesus, have mercy on us!".
