



The Holy See

POPE FRANCIS

GENERAL AUDIENCE

*Paul VI Audience Hall
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[Multimedia]

Catechesis on Old Age - 18. The labour pains of creation. The story of the creature as a mystery of gestation

Dear brothers and sisters, good day!

We recently celebrated the Assumption into heaven of the Mother of Jesus. This mystery illuminates the fulfilment of the grace that shaped Mary's destiny, and it also illuminates our destination. The destination is heaven. I would like to conclude the cycle of catecheses on old age with this image of the Virgin assumed into heaven. In the West, we contemplate her lifted up, enveloped in glorious light; in the East she is depicted reclining, sleeping, surrounded by the Apostles in prayer, while the Risen Lord holds her in his hands like a child.

Theology has always reflected on the relationship of this singular 'assumption' with death, which the dogma does not define. I think it would be even more important to make explicit the relationship of this mystery with the resurrection of the Son, which opens the way for the generation of life for us all. In the divine act of reuniting Mary with the Risen Christ, the normal bodily corruption of human death is not simply transcended — not only this — the bodily assumption of the life of God is anticipated. In fact, the destiny of the resurrection that pertains to us is anticipated: because, according to Christian faith, the Risen One is the firstborn among many brothers and sisters. The Risen Lord is the one who went first, who rose before everyone; then we will go, this is our destiny: to rise again.

We could say — following Jesus' words to Nicodemus — that it is a little like a second birth (cf. *Jn* 3:3-8). If the first was a birth on earth, this second is a birth in heaven. It is no coincidence that the Apostle Paul, in the text that was read at the beginning, speaks of labour pain (cf. *Rom* 8:22). Just as, in the moment we come out of our mother's womb, we are still ourselves — the same human being that was in the womb — so, after death, we are born to heaven, to God's space, and we are still ourselves, who walked on this earth. It is analogous to what happened to Jesus: the Risen One is still Jesus: he does not lose his humanity, his experience, or even his corporeality, no, because without it he would no longer be himself, he would not be Jesus: that is, with his humanity, with his lived experience.

The experience of the disciples, to whom he appears for forty days after his resurrection, tells us this. The Lord shows them the wounds that sealed his sacrifice; but they are no longer the ugliness of the painfully suffered disgrace. They are now the indelible proof of his faithful love to the very end. Jesus, risen with his body, lives in the Trinitarian intimacy of God! And in it he does not lose his memory, he does not abandon his history, he does not dissolve the relationships he lived on earth. To his friends he promised: "And when I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also" (*Jn* 14:3). He left to prepare a place for us, for all of us, and after preparing a place, he will come. He will not come only at the end for everyone. He will come each time for each one of us. He will come to seek us out to bring us to him. In this sense, death is a kind of step toward the encounter with Jesus who is waiting for me, to bring me to him.

The Risen One lives in God's world, where there is a place for everyone, where a new earth is being formed, and the heavenly city, man's final dwelling place, is being built. We cannot imagine this transfiguration of our mortal corporeality, but we are certain that it will keep our faces recognisable and allow us to remain human in God's heaven. It will allow us to participate, with sublime emotion, in the infinite and blissful exuberance of God's creative act, whose endless adventures we will experience first-hand.

When Jesus speaks of the Kingdom of God, he describes it as a wedding feast; as a party with friends; as the work that makes the house perfect. It is the surprise that makes the harvest richer than the sowing. Taking seriously the Gospel words about the Kingdom enables our sensitivities to enjoy God's working and creative love, and puts us in tune with the unprecedented destination of the life we sow. In our old age, my dear contemporaries — and I speak to the old men and old women — in our old age, the importance of the many 'details' of which life is made — a caress, a smile, a gesture, an appreciated effort, an unexpected surprise, a hospitable cheerfulness, a faithful bond — becomes more acute. The essentials of life, which we hold most dear as we approach our farewell, become definitively clear to us. See: this wisdom of old age is the place of our gestation, which illuminates the lives of children, of young people, of adults, of the entire community. We, the elderly should be this for others: light for others. Our whole life appears like a seed that will have to be buried so that its flower and its fruit can be born. It will be born, along with

everything else in the world. Not without labour pains, not without pain, but it will be born (cf. *Jn* 16:21-23). And the life of the risen body will be a hundred and a thousand times more alive than we have tasted it on this earth (cf. *Mk* 10:28-31).

It is not by chance, that while waiting for the Apostles by the lake, the Risen Lord roasts some fish (cf. *Jn* 21:9) and then offers it to them. This gesture of caring love gives us a glimpse of what awaits us as we cross to the other shore. Yes, dear brothers and sisters, especially you elderly, the best of life is yet to come. “But we are old, what more should we see”? The best, because the best of life is yet to come. Let us hope for this fullness of life that awaits us all, when the Lord calls us. May the Mother of the Lord and our Mother, who has preceded us to heaven, restore to us the eager anticipation of expectation, because it is not an anaesthetised expectation. It is not a bored expectation, no, it is an expectation with eager anticipation. It is an expectation: “When will my Lord come? When will I be able to go there”? A little bit of fear, because I don’t know what this step means, and passing through that door causes a little fear. But there is always the hand of the Lord that carries us forward, and beyond the door there is the party.

Let us be attentive, dear old people, contemporaries, let us be attentive. He is expecting us. Just one step and then the party. Thank you.

Special Greetings

I greet the English-speaking pilgrims and visitors taking part in today’s Audience, especially the groups from Malta, Singapore and the United States of America. Upon you and your families, I invoke the joy and peace of our Lord Jesus Christ. God bless you!

Lastly, as usual, my thoughts turn to *the elderly*, to *the sick*, to *young people* and to *newlyweds*: *there* are many. May the example of the Apostle Saint Bartholomew, whom we recall today, help you to confidently look to Christ, who is light in difficult times, support during trials and a guide in each of life’s moments.

I offer my blessing to all of you.

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APPEAL

I renew my invitation to implore peace from the Lord for the beloved Ukrainian people who for six

months today have been suffering the horror of war. I hope that concrete steps will be taken to put an end to the war and to avert the risk of a nuclear disaster in Zaporizhzhia.

I carry the prisoners in my heart, especially those in fragile conditions, and I ask the competent authorities to work for their release. I think of the children, so many dead... then so many refugees — here in Italy there are many — so many wounded, so many Ukrainian children and Russian children who have become orphans. And orphanhood has no nationality. They have lost their father or their mother, whether they are Russian or Ukrainian.

I think of so much cruelty, of so many innocents who are paying [the price of] madness, the madness of all sides, because war is madness and no one at war can say: 'No, I am not mad.' The madness of war.

I think of that poor girl blown up by a bomb under her car seat in Moscow.

The innocent pay [the price of] war, the innocent! Let us think about this reality and say to each other: war is madness.

And those who profit from war and the arms trade are criminals who kill humanity.

And let us think of other countries that have been at war for a long time: more than 10 years in Syria; let us think of the war in Yemen, where so many children suffer from hunger; let us think of the Rohingya who travel the world because of the injustice of being driven from their land.

But today in a special way, six months after the beginning of the war, let us think of Ukraine and Russia. I consecrated both countries to the Immaculate Heart of Mary. May she, as Mother, turn her gaze on these two beloved countries: may she look upon Ukraine, look upon Russia, and bring us peace! We need peace!

Summary of the Holy Father's words

Dear brothers and sisters: Our series of catecheses on old age in the light of God's word now concludes with a reflection on the Assumption of the Blessed Virgin Mary, celebrated in these days of August. Our Lady's assumption, body and soul, into heaven is intimately bound to the resurrection of Jesus her Son and to its promise of our own bodily resurrection at the end of time. Following his resurrection, Jesus appeared to his disciples and showed them the signs of his passion and death. He revealed that, in the life to come, the "flesh" of our individual identity, our memories, experiences and personal history, will endure and be transfigured in the presence of the living God. Our Lord describes the life of the resurrection with images of joy and fulfilment, as

we, and our world, will be “reborn”, and the seeds we have sown on earth will bear eternal fruit. The season of life which we call “old age” is thus a privileged time to grow in the wisdom born of faith, to view our lives in their proper perspective, through God’s eyes, and to look forward with joy to the fulfilment of our hope in the glory of heaven, in communion with Our Lady and all the saints.